

## *Sandwich Menu - Ceapairí*

<b>Selection of Fresh Sandwiches</b> <i>made to order on brown or white sliced bread</i> (2,4,5,7,9)	€4.95
<b>Toasted Special</b> <i>cheese ham, onion and tomato</i> <i>served with salad</i> (2,4,7,9)	€5.75
<b>Chef's Toasted Special</b> <i>with salad &amp; wedges</i> (2,4,7,9)	€8.60
<b>Triple Decker Toasted Kiev</b> <i>sliced chicken, garlic butter &amp; cheddar cheese</i> <i>served with salad and wedges</i> (2,4,7,9)	€10.40
<b>Open Sandwiches - Ceapairí oscailte</b> <i>on homemade brown bread</i> <i>made to order</i> (2,4,5,7,9)	€8.30
<b>BLT Bap</b> <i>grilled bacon with tomato, lettuce &amp; mayo</i> (2,4,5,7,9)	€8.60
<b>Panini - made to order</b> (2,4,7,9)	€10.20
<b>Bagels</b> <i>Bacon &amp; Brie with salad &amp; wedges</i> (2,4,7,9)	€9.90
<i>Tuna Melt, tuna, cheese &amp; sweetcorn</i> <i>served with salad and wedges</i> (2,4,5,7,9)	€9.90

## *Side Orders - Beagán sa Bhreis*

<b>Fries</b> (2)	€2.80
<b>Onion Rings</b> (2,4,6,7)	€3.15
<b>Curry Sauce</b> (1,2,9)	€2.10
<b>Peppercorn Sauce</b> (2,7)	€2.10
<b>Side Salad</b> (9)	€2.80
<b>Sautéed Onions</b> (7)	€2.60
<b>Rice</b> (2)	€2.60
<b>Sautéed Mushrooms</b> (7)	€2.80
<b>Garlic Bread</b> (2,4,6)	€3.15
<b>Wedges</b> (2)	€2.80

## *Desserts - Milseoga*

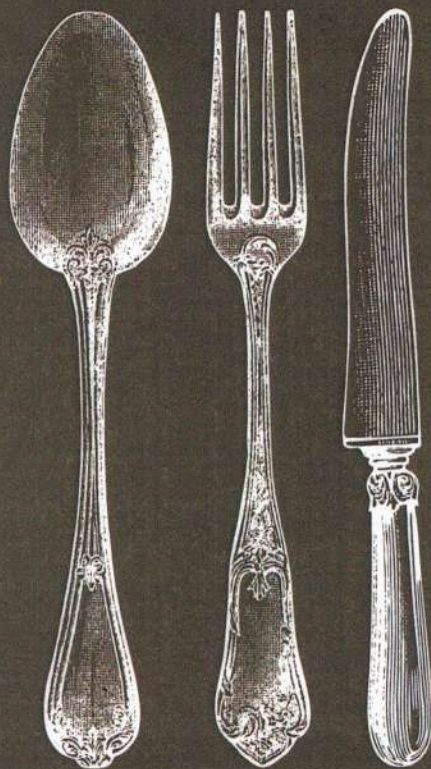
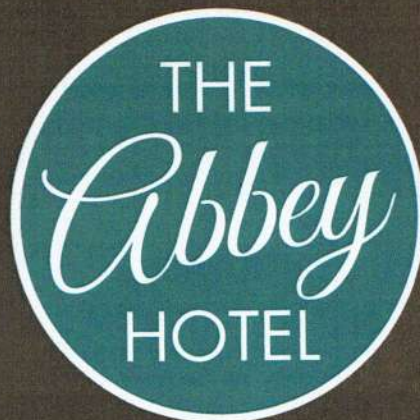
All our Desserts are homemade. (2,4,6,7)  
Please ask your server or see specials board.

## *Drinks - Deochanna*


<b>Coffee</b>	€2.70
<b>Tea</b>	€2.70
<b>Speciality Tea</b>	€2.70
<b>Americano</b>	€2.70
<b>Espresso</b>	€2.40
<b>Cappuccino</b>	€2.95
<b>Latte</b>	€2.95
<b>Hot Chocolate</b> with marshmallows	€3.10

Fáilte go dtí  
Óstán Ghobnatan

Phone: 026 45324



# Menu

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## Starters - Chun Tosnú

<b>Hearty Bowl of Fresh Homemade Soup</b> with homemade brown bread (1,2,7)	€4.95	GF V
<b>Tempura King Prawns</b> with sweet chilli sauce & tossed salad (2,3,4,6,7,9,10)	€8.60	V
<b>Crispy Golden Nuggets of Brie</b> with Folláin exotic relish & balsamic reduction (2,4,7,9,10,14)	€7.80	V
<b>Crispy Chicken Wings</b> with BBQ sauce (9,10)	€7.00	
<b>Garlic Ciabatta Bread</b> topped with melted cheddar cheese (2,4,7,9)	€4.70	

## Salads - Sailéid

<b>De Róiste Pudding Salad</b> with pepperoni on tossed salad, parmesan shaving and house dressing (2,7,9,10)	€7.80	
<b>Warm Smoky Bacon Salad</b> with parmesan shavings and house dressing (7,8,9,10)	€8.30	GF
<b>Rustic Chicken Salad</b> spicy chicken served on a bed of tossed salad drizzled with homemade honey and mustard dressing (9)	€8.85	GF
<b>Tossed Salad</b> avocado, beetroot, toasted pine nuts, sundried tomatoes, grated carrot and cucumber (9,10)	€8.85	GF V
<b>Honey Glazed Goats Cheese Salad</b> on a bed of rocket with pesto dressing (7,9,10)	€8.60	

## Main Course - Príomhchúrsa

<b>Roast of the day</b> served with vegetables & potatoes (2,7,14)	€13.25	
<b>Abbey Style Curry</b> served with basmati rice or fries choose from chicken or beef (1,2,9)	€15.55	
<b>Oriental Style Stir-fry</b> with noodles and prawn crackers choose from chicken or beef (2,3,8)	€15.55	
<b>Golden Crumbed Chicken Goujons</b> with a sweet chilli mayo salad & fries (2,4,6,7,9)	€13.80	
<b>Oven Baked Lasagne</b> served with garlic bread salad & fries (2,4,6,7,9,14)	€14.30	
<b>Chicken Wrap</b> tortilla wrap with chicken goujons, lettuce, tomato, garlic mayo and wedges or fries (2,4,7,9,10)	€10.50	
<b>Spicy Chicken Ciabatta</b> filled with chicken, lettuce, tomato, onion, Marie Rose sauce & fries (2,4,7,9,10)	€12.50	
<b>Penne Pasta</b> chicken, mushroom & peppers in tomato sauce (2,4)	€13.00	

## From The Grill - Ón ngríosclann

<b>6oz Steak Sandwich</b> served with sautéed mushrooms & onions in a Ciabatta bread with fries (2,4,7,9)	€16.00	
<b>Grilled 6oz Minute Steak</b> (2,4,7,9) served with sautéed mushrooms & onions with a choice of pepper sauce or garlic butter, with fries & onion rings (2,4,7,9)	€15.00	
<b>Grilled 10oz Sirloin Steak</b> served with sautéed mushrooms & onions with a choice of pepper sauce or garlic butter, with fries & onion rings (2,4,7,9)	€23.65	
<b>8oz Beef Burger</b> topped with bacon & Coolea cheese with folláin roasted red pepper relish, salad & fries (2,4,7,9)	€15.00	
<b>8oz Turkey Burger</b> topped with cranberry & Brie cheese, salad & fries (2,4,6,7,9)	€15.00	
<b>Conrad's Light Supper</b> 2 bacon, 2 sausages, egg, tomato, pudding & fries (2,4,9)	€12.00	
<b>Creedon's Mixed Grill</b> 2 bacon 2 sausages, egg, tomato, liver, lamb cutlet, black & white pudding, fries (2,4,9)	€15.80	

## From The Sea - Ón bhfarráige

<b>Traditional Beer Battered Fish &amp; Chips</b> fillet of fish with salad, fries and home-made tartar sauce (2,4,5,6,7,9,14)	€15.55	
<b>Fish Special on Board</b> Please ask your server or see specials board.	€MP	
<b>Seafood Penne Pasta</b> salmon, cod, prawns in a white wine creamy sauce (2,4,9,14)	€17.00	

## Vegetarian Options - Rogha Fheoilséantóir

<b>Vegetarian Stir-fry</b> (2,3,8,9) served with noodles and prawn crackers	€14.00	V
<b>Vegetarian Curry</b> (1,2,9) served with basmati rice or fries	€14.00	V
<b>Pizza</b> (2,6,7,9,10) Macroom mozzarella & pesto pizza with sundried tomato.	€10.50	V

## Today's Specials

Please ask your server or see specials board.

### Food Allergies & Intolerances

- 1: Celery, 2: Cereals Containing Gluten, 3: Crustaceans,  
4: Eggs, 5: Fish, 6: Lupin, 7: Milk, 8: Mollusc, 9: Mustard,  
10: Nuts, 11: Peanuts, 12: Sesame Seeds, 13: Soya,  
14: Sulphur Dioxide.